

Location: Auburn, **Alabama**  
Group Name: Food Allergy Support of East Alabama  
Contact: B. Graddy  
E-mail: bkg2007@bellsouth.net  
Website: www.foodallergysupporteastal.org  
Mission: Our mission is to provide support through sharing of information and resources. We also aim to increase awareness of food allergies in the east Alabama area. We meet several times a year and will post the meeting dates on our web site Events and Activities page.

Location: Palmer/Wasilla (southcentral), **Alaska**  
Group Name: AAFA-PFAC; Parents of Food Allergic Children Support Group  
Contact: D. Lomelino  
E-mail: aafaFood@gci.net  
Mission: Our mission is to link parents of children with food allergies with each other and to provide accurate, up to date, and useful information regarding food allergies.

Location: Phoenix, **Arizona**  
Group Name: Phoenix Allergy Network  
Contact: A. Norton, D. Whitney  
E-mail: angie@phoenixallergynetwork.org  
dona@phoenixallergynetwork.org  
Mission: We are an educational food allergy support group for families. Our purpose is to support, educate, and advocate for change.

Location: Tucson, **Arizona**  
Group Name: Nutcrackers  
Contact: A. Martin  
E-mail: amymartin@clearviewvisioncare.com  
Mission: We are a support group that listens, learns, and educates so that we may become stronger advocates for our children, who are advocates for food allergy awareness every day.

Location: Little Rock, **Arkansas**  
Group Name: AAAC-FEAST; Arkansas Allergy & Asthma Clinic - Food Education Allergy Support Team  
Contact: D. Curtis, T. Light  
E-mail: AAAC-FEAST@hotmail.com  
Mission: Our purpose is to provide a supportive setting for families dealing with the challenge of food allergies. We recognize the importance of increasing awareness and want to provide them with the opportunity to share concerns through support and education. Meetings are held bimonthly on the third Monday, from 6 to 8 p.m., at the Arkansas Allergy & Asthma Clinic, 10310 West Markham, Suite 222, in Little Rock.

Location: Bay Area, **California**  
Group Name: San Francisco Bay Area Food Allergy Group  
Contact: C. Green & G. Peterson  
E-mail: cgreen@sffoodallergy.org  
gpeterson@sffoodallergy.org  
Website: www.sffoodallergy.org  
Mission: Our group's mission is to build a strong, collaborative support group and to share our knowledge and experiences with each other.

Location: Coachella Valley, **California**  
Group Name: FAFCV; Food Allergic Families of Coachella Valley  
Contact: M DeJesus  
E-mail: info@CVFoodAllergicFamilies.org  
Website: www.CVFoodAllergicFamilies.org  
Mission: FAFCV is a regional support group providing education, resources, and support to food-allergic families. Our events include support group meetings with speakers, play dates, and other social events.

Location: Orange, **California**  
Group Name: Orange County Food Allergy Support Team  
Contact: S. Smith  
E-mail: supportgroup@foodallergybooks.com  
Mission: To provide emotional and practical support for parents of children with severe food allergies.

Location: Orange County, **California**  
Group Name: SPEWD; Free Food Allergy Support Group  
Contact: H. Clumeck  
E-mail: heather@spewdfree.com  
Website: www.meetup.com/SPEWD-Free-Parents-and-Children  
Mission: To help parents and children who deal with food allergy issues. To provide safe family activities with other food allergic families.

Location: Pleasanton/Bay Area, **California**  
Group Name: Valley FEAST; Food Education Allergy Support Team of the East Bay Area  
Contact: M. Akaba  
E-mail: valleyfeast@yahoo.com  
Mission: FEAST is a nonprofit organization that provides educational resources and psychosocial support for members of the community facing food allergies.

Location: Sacramento Metropolitan Area, **California**  
Group Name: FASS; Food Allergy Support of Sacramento  
Contact: J. Bingham  
E-mail: Jennifer@sacfoodallergy.org  
Website: www.sacfoodallergy.org  
Mission: We offer emotional support and tips for dealing with the day-to-day challenges of living with food allergies.

Location: San Clemente, **California**  
Group Name: San Clemente Food Allergy Support Group  
Contact: S. Kiley, S. Ireland  
E-mail: SusieKiley@cox.net  
TheIrelands@cox.net  
Mission: We are a social group. We meet monthly to share stories, recipes, tips, advice, and experiences. Some meetings include guest speakers: nurses, allergists, nutritionists, etc. We work on making changes in our local school district to keep children with food allergies safe.

Location: San Diego, **California**  
Group Name: San Diego Food Allergy Support Group  
Contact: C. D'Agnes, S. Wagner  
E-mail: info@sandiegofoodallergy.org  
Website: www.sandiegofoodallergy.org  
Mission: We host meetings, educational seminars, and a website that offers links to articles about food allergy and the latest research, as well as a message forum where parents can chat with other parents in the San Diego area.

Location: San Luis Obispo, **California**  
Group Name: CCFAAR; Central Coast Food Allergy, Anaphylaxis Resource  
Contact: K. Callahan, K. Ardantz  
E-mail: ccfaar@sbcglobal.net  
slocals@sbcglobal.net  
Mission: To advocate and educate our local community on behalf of all central coast children and their families affected by life-threatening food allergies. Also, we offer support and encouragement.

Location: Torrance, **California**  
Group Name: LA Food Allergy Support Group  
Contact: B. Schiff  
E-mail: FASGofLA@aol.com  
Mission: We are a volunteer educational support group for parents and caregivers of children and teens with food allergies. Speakers address issues related to raising children with food allergies. The group offers support and encouragement to families facing the daily challenges of having a child with food allergies.

Location: Westlake Village, **California**  
Group Name: Conejo Valley Food Allergy Support Group  
Contact: N. Russo  
E-mail: ConejoValleyFASG@gmail.com  
Mission: The group serves the areas of Westlake Village, Thousand Oaks, Agoura Hills, and Newbury Park. It is a support group for parents of children with severe food allergies. The group meets monthly to discuss food allergy issues, listen to speakers, and organize social gatherings for the children.

Location: Boulder, **Colorado**  
Group Name: Parents of Children with Food Allergies  
Contact: J. Martin  
E-mail: foodallergies@hotmail.com  
Mission:

Location: Colorado Springs, **Colorado**  
Group Name: MOSAIC of Colorado Springs; Mothers of Severely Allergic Children  
Contact: A. Poreda  
E-mail: jace\_p@msn.com  
Mission: We offer support to families dealing with food allergies. We provide information and education to the general public, school districts, and others.

Location: Fort Collins, **Colorado**  
Group Name: I-CAN; Inspiring Children with Allergies Network  
Contact: C. Teck  
E-mail: rcateck@msn.com  
Mission: I-CAN is a parent-driven support group for families with children who have food allergies. I-CAN is a place for parents to share and explore ways to manage food allergies on a daily basis.

Location: Lone Tree, **Colorado**  
Group Name: MOSAIC; Mothers of Severely Allergic Infants and Children  
Contact: M. Sangalis  
E-mail: admin@mosaickids.org  
Website: www.mosaickids.org  
Mission: Our group shares information, we have speakers, and we try to educate our community.

Location: Greenwich, **Connecticut**  
Group Name: Greenwich Food Allergy Support Group  
Contact: A. Hesser  
E-mail: annemariehesser@gmail.com  
Mission: This group is run in conjunction with the Greenwich Hospital education program. The purpose is to educate and inform families who are living with food allergies, and to offer support and information to the community.

Location: Ridgefield, **Connecticut**  
Group Name: Ridgefield Food Allergy Support  
Contact: J. Amill, C. Murray, J. Hornig, M. Carey  
E-mail: RFASupport@comcast.net  
Mission: To raise awareness and provide support for all those affected by food allergies and their families.

Location: Woodbury, **Connecticut**  
Group Name: Local Food Allergy Support Group  
Contact: K. Wolff  
E-mail: kps8566@aol.com  
Mission: We provide support for one another by sharing information, experiences, and recipes. Our mission is to educate the community.

Location: Newark and surrounding area, **Delaware**  
Group Name: FAST; Food Allergy Support Team  
Contact: K. Robell, A. Word  
E-mail: krobell@verizon.net  
simplyaword@aol.com  
Mission: To give support and encouragement to caregivers of children with food allergies through meetings and e-mail support as well as resource referrals. We meet in Delaware. Neighboring counties of Maryland and Pennsylvania are welcome.

Location: Deltona, **Florida**  
Group Name: Support for Parents with Food Allergic Children  
Contact: K. Quinones  
E-mail: kquinones@cfl.rr.com  
Mission:

Location: Lithia (east of Tampa), **Florida**  
Group Name: Florida Food Allergy Council  
Contact: D. Almond  
E-mail: deanna.foodallergycouncil@gmail.com  
Mission: Our purpose is to provide education, advocacy, and awareness in order to promote a happy and safe environment for our families. The initial goal will be to educate the local schools throughout the community.

Location: Naples, **Florida**  
Group Name: Safe Choices  
Contact: A. Brocious  
E-mail: safechoicesnaples@yahoo.com  
Mission: Safe Choices focuses on parents of children with food allergies by providing support and education to navigate through this challenging diagnosis.

Location: Orlando, **Florida**  
Group Name: Mommies of Food-Allergic Children  
Contact: A. Maggard  
E-mail: info@mommiesoffoodallergicchildren.com  
Website: mommiesoffoodallergicchildren.com  
Mission: To support parents who have children with severe food allergies.  
To educate schools about the seriousness of anaphylaxis.  
To offer a food allergy policy for the physical and emotional welfare of all school children.

Location: Tampa, **Florida**  
Group Name: Parents of Children with Food Allergies  
Contact: D. Hogan  
E-mail: DebHogan\_1@msn.com  
Website: www.foodallergysupport.net  
Mission: We support families in Florida who are living with food allergies. To learn more about us, please visit our website.

Location: Post Falls, **Idaho**  
Group Name: N.W. Food Allergy Alliance  
Contact: S. Herman  
E-mail: srherman@msn.com  
Website: allergies.meetup.com/33  
Mission: We keep our focus on practical ways of coping with food allergies and anaphylaxis in everyday life and on a budget. Our meetings frequently include speakers, recipes, safe treats, product samples, and cooking classes, and we have a lending library. We also discuss and work on the progress of current legislation.

Location: Central, **Illinois**  
Group Name: CIFAN; Central Illinois Food Allergy Network  
Contact: S. Wilds  
E-mail: allergy@cifan.org  
Website: www.cifan.org  
Mission: To educate members living with food allergies by bringing in professional speakers and by reaching out to children by helping them integrate into the community. We also work on developing a social network.

Location: Chicago, **Illinois**  
Group Name: POCHA of South and Southwest Cook County  
Contact: S. DeRousse, D. Carpenter  
E-mail: POCHASWCOOK@hotmail.com  
Mission: Our mission is to share information and support families of children with food allergies. At our meetings we have speakers, share recipes, and discuss everyday challenges.

Location: Downers Grove, **Illinois**  
Group Name: POCA of DuPage; Parents of Children with Allergies  
Contact: K. Konieczny, K. Miller  
E-mail: kkonieczny2@earthlink.net  
kamonmiller@sbcglobal.net  
Website: www.pocaofdupage.org  
Mission: We provide support and information to members and increase community awareness of food allergies. POCA advocates for change on important issues. We focus on practical ways of coping with food allergies and anaphylaxis in everyday life. Our meetings frequently include speakers and discussions.

Location: Elk Grove Village, **Illinois**  
Group Name: No Nutz Mamas  
Contact: E. Beamer  
E-mail: no-nutz-mamas@comcast.net  
Website: www.allergies.meetup.com/46  
Mission: We chat, share recipes, share information, and encourage each other as we all deal with food allergies on a day to day basis.

Location: Galesburg, **Illinois**  
Group Name: FACA; Food Allergy Community Awareness  
Contact: K. Trone  
E-mail: k.trone@comcast.net  
Mission:

Location: Northern Chicago, **Illinois**  
Group Name: MOCHA; Mothers of Children Having Allergies  
Contact: A. Thompson, D. Bunning  
E-mail: info@mochallergies.org  
Website: www.mochallergies.org  
Mission: MOCHA educates the community and supports families of children with severe food allergies. We are located in northern suburban Chicago. We also offer tips to help families cope with the stress in dealing with day-to-day aspects of managing food allergies.

Location: Oak Park, **Illinois**  
Group Name: POCHA; Parents of Children Having Allergies  
Contact: D. Fascione  
E-mail: oakparkpocha@earthlink.net  
Mission: We provide support, speakers at meetings, social events, education, and advocacy opportunities within our communities and schools. We also have a reference library for our members.

Location: Peoria, **Illinois**  
Group Name: Peoria Food Allergy Parents  
Contact: S. Kroodsma  
E-mail: peoriafoodallergyparents@gmail.com  
Website: peoriafoodallergyparents.googlepages.com  
Mission: We provide emotional and practical support for parents of children with severe food allergies through meetings, shared resources, social activities, and advocacy projects.

Location: Will County, **Illinois**  
Group Name: POCHA of Will County; Parents of Children Having Allergies  
Contact:  
E-mail: heyabbott55@comcast.net  
peckler5@comcast.net  
Website: www.pochaofwillcounty.com  
Mission: To provide information and support to our members, to raise community awareness of anaphylactic food allergies, and to advocate for changes in policies and laws as needed. POCHA of Will County focuses on practical ways of coping with food allergies and anaphylaxis in everyday life.

Location: Evansville, **Indiana**  
Group Name: Tri-State Food Allergy and Anaphylaxis Support Group  
Contact: K. Moors  
E-mail: foodallergy@evansvilleallergy.com  
Mission: Our monthly meetings include six meetings a year with speakers and six educational sessions a year for the newly diagnosed. We also focus on community education.

Location: Indianapolis, **Indiana**  
Group Name: POCHA; Parents of Children Having Allergies  
Contact: M. Knapp, E. Leraris  
E-mail: eleraris@yahoo.com  
Mission: To educate and support families, share recipes, and discuss ways to navigate school, camp, vacations, etc. We utilize guest speakers and the knowledge of our group to aid others in living with food allergies.

Location: Des Moines, **Iowa**  
Group Name: DM-FACES; Des Moines Food Allergy Community Education and Support  
Contact: A. Uetz  
E-mail: dmfaces1@yahoo.com  
Website: www.dmfaces.org  
Mission: Through education and support, DM FACES is committed to developing a safe community for our children living with severe food allergies.

Location: Bowling Green, **Kentucky**  
Group Name: FEAST; Food Education Allergy Support Team of Kentucky, Inc.  
Contact: A. Wallace  
E-mail: feastky@hotmail.com  
Website: www.feastky.org.  
Mission: FEAST is a volunteer support group providing encouragement, support, and education and raising awareness in south-central Kentucky.

Location: Lexington, **Kentucky**  
Group Name: Kentucky Families with Food Allergies  
Contact: L. Jackson  
E-mail: kyfoodallergies@insightbb.com  
Website: www.kyfoodallergies.org  
Mission:

Location: Louisville, **Kentucky**  
Group Name: Food Allergy Awareness Education Group  
Contact: T. Newhouse  
E-mail: TerryN@unsub.com  
Website: www.aaeg-ky.org  
Mission: Our mission is to prevent food allergy-related fatalities by helping schools implement safe policies, supporting families coping with food allergies, increasing community awareness, and improving legislation.

Location: Andrews AFB, **Maryland**  
Group Name: Military Families Food Allergy Support Group  
Contact: T. Williams  
E-mail: militaryFASG@yahoo.com  
Mission:

Location: Bel Air, **Maryland**  
Group Name: Harford County Food Allergy Support Group  
Contact: M. Garvin  
E-mail: foodallergysupport@comcast.net  
Website: home.comcast.net/~foodallergysupport  
Mission: Our group meets regularly to provide relevant information, education, and support to families dealing with food allergies. We provide outreach in our local community through our website.

Location: Ellicott City, **Maryland**  
Group Name: S.A.F.E. in Maryland; Supporting Families through Education  
Contact: S. Klein  
E-mail: allergy@comcast.net  
Mission: We have speakers at meetings to address relevant issues. Our medical advisor also attends. As a group we frequently share questions, tips, and advice.

Location: Montgomery, Howard, Frederick, and Carroll, **Maryland**  
Group Name: Four County Food Allergy Support Team  
Contact: C. Bloch  
E-mail: 4cfast@gmail.com  
Website: foodallergy4c.com  
Mission: The Four County Food Allergy Support Team supports food allergic families with education, advocacy, website and meeting forums while helping schools and communities become "food allergy-friendly".

Location: Rockville, **Maryland**  
Group Name: Metro DC Food Allergy Support Group  
Contact: K. Keaton  
E-mail: kskeaton@aol.com  
Mission: The group meets monthly in Rockville, Md., to discuss issues related to raising children with food allergies. We also share success stories and frustrations. Members come from Washington D.C. and the surrounding suburbs in Maryland and Virginia.

Location: Severna Park, **Maryland**  
Group Name: Children's Food Allergy Group of Anne Arundel County  
Contact: K. White  
E-mail: foodallergysupport@gmail.com  
Website: www.cfasg.org  
Mission: To provide support to the many families who are facing the challenges associated with having a child with food allergies. We also hope to make a positive change in the day-to-day lives of food-allergic families by actively supporting legislation and becoming a voice for our children.

Location: Greater Boston, **Massachusetts**  
Group Name: Educational Association; Asthma and Allergy Foundation of America, New England Chapter  
Contact: S. Schumack, Director of Education  
E-mail: sharons@aafane.org  
Website: aafane@aafane.org  
Mission: AAFA NE coordinates 12 affiliated regional groups that provide support and educational programs for families, address advocacy issues, increase public awareness, and assist other local support groups.

Location: Ludlow, **Massachusetts**  
Group Name: Pioneer Valley Food Allergy Support  
Contact: N. Sweeney  
E-mail: nicolems@comcast.net  
Mission: We are a support community for parents raising children with food allergies. Our meetings include educational speakers, coping strategies, and advocacy opportunities.

Location: Northborough/Southborough, **Massachusetts**  
Group Name: Northborough/Southborough Food Allergy Support Group  
Contact: P. Howard  
E-mail: tg.howard@verizon.net  
Mission: Our group's mission is to build a strong, collaborative support group, sharing our knowledge and experiences with each other. We want to partner with the schools to develop a district-wide policy in the school setting. We want to take a multi-team, disciplinary approach to improve knowledge, attitudes, and awareness in the community.

Location: Weymouth, **Massachusetts**  
Group Name: Food Allergy Group of the South Shore  
Contact: E. Stieb  
E-mail: estieb@comcast.net  
Mission: Our mission is food allergy education focusing on practical day-to-day management of food allergies in children and teens.

Location: Ann Arbor, **Michigan**  
Group Name: FACT; Food Allergy Children's Team  
Contact: R. Dahle  
E-mail: FACT@comcast.net  
Website: www.foodallergykids.com  
Mission: We meet monthly and have discussions on living with food allergies at home, school, and while traveling. A local allergist answers questions and provides research updates.

Location: Grand Rapids, **Michigan**  
Group Name: FACE; Food Allergy Center of Excellence  
Contact: K. Foster  
E-mail: kathygrallergy@iserv.net  
Website: www.grandrapidsallergy.com  
Mission: We are dedicated to delivering the best practice for food allergy care and support through education. The goal of this group is to develop a parent/patient driven support system that can allow for networking between families, sharing of recipes, etc.

Location: Kalamazoo/Portage, **Michigan**  
Group Name: FAFF; Food Allergic Family and Friends  
Contact: S. Beuker  
E-mail: foodallergic@yahoo.com  
Mission: We support one another in facing the daily challenges of living with food allergies. We help educate each other through discussion and the exchange of information. We strive to raise awareness in our community. We hope to teach our children to manage their own allergies and advocate for themselves.

Location: Macomb Township, **Michigan**  
Group Name: FACES; Food Allergic Children Education and Support  
Contact: L. Gellatly  
E-mail: FACESofMI@comcast.net  
Mission: We are a volunteer support group for families of children with severe food allergies. We are about being proactive, educating and supporting each other, and raising awareness.

Location: Oakland County, **Michigan**  
Group Name: COFAF; Circle of Food Allergic Families  
Contact: R. Adams, J. Berg  
E-mail: cofafmichigan@yahoo.com  
www.cofafdetroit.weebly.com  
Mission: We are a team of parents of children with food allergies and eosinophilic disorders. We offer support in facing the daily challenges, exchange information, and share recipes.

Location: Duluth, **Minnesota**  
Group Name: Northland Food Allergy Support Group  
Contact: K. Werhan  
E-mail: grantwellness@iglide.net  
Mission: Our mission is to connect people dealing with food allergy issues and to provide awareness, education, and support.

Location: Howard Lake, **Minnesota**  
Group Name: West Metro Food Allergy Connection  
Contact: M. Schlieff  
E-mail: rosco@cmgate.com  
Mission:

Location: Minneapolis (Crystal), **Minnesota**  
Group Name: Food Allergy Support Group of Minnesota  
Contact: W. Wessel  
E-mail: info@foodallergysupportmn.org  
Mission: We are an educational group dedicated to improving the lives of families affected by food allergies. We provide access to food allergy information and facilitate the personal connections between families. We also promote awareness and education in our community.

Location: St. Paul, **Minnesota**  
Group Name: AFAA; Anaphylaxis and Food Allergy Association of Minnesota  
Contact: N. Narvaez, J. Schaefer  
E-mail: afaa@att.net  
Website: [www.minnesotafoodallergy.org](http://www.minnesotafoodallergy.org)  
Mission: To educate, advocate, and offer support using AFAA guidelines. We participate in the Food Allergy Conference at the University of Minnesota. We are involved in outreach, updating epinephrine laws (ambulances and schools), and other state policies. We hold food-free social events, and meetings and communicate with our e-newsletter.

Location: Waconia, **Minnesota**  
Group Name: FAAS: Food Allergy Awareness Supporters  
Contact: D. Vogelgesang & J. Raidt  
E-mail: donnafaas@gmail.com  
jodifaas@gmail.com  
Mission: FAAS is committed to working together to support those living with life-threatening food allergies. Our mission is to raise food allergy awareness in our community by creating support systems, building relationships, and educating the public.

Location: Kansas City, **Missouri**  
Group Name: Northland Peanut Allergy Support Group  
Contact: J. Giles  
E-mail: jtgiles@kc.rr.com  
Mission: Our group meets to share the experiences, challenges, and successes of living with a child with a life-threatening peanut allergy.

Location: St. Louis, **Missouri**  
Group Name: Gateway FEAST; Food Allergy, Eczema and Asthma Support Team  
Contact: C. Depke  
E-mail: FEAST@aafastl.org  
Mission: We are an educational support group dedicated to providing resources, social activities, and encouragement to families coping with food allergies, eczema, and asthma. We work to raise awareness, promote advocacy, and educate the community regarding the unique needs of these families.

Location: St. Louis, **Missouri**  
Group Name: St. Louis Food Allergy Support Group  
Contact: T. Booker  
E-mail: stlouisfoodallergy@att.net  
Mission: We provide information and support, advocate on behalf of individuals and families with food allergies, and increase awareness of food allergies in our community. We offer in-service training to schools and assist families in creating food allergy management plans for school. Quarterly programs include parent chat sessions for the newly diagnosed and updating resources for the media.

Location: Omaha, **Nebraska**  
Group Name: OFASG; Omaha Food Allergy Support Group  
Contact: OFASG Committee  
E-mail: committee@omahafoodallergysupportgroup.org  
Website: <http://groups.google.com/group/ofasg>  
Mission: OFASG addresses the needs of severely food allergic-children and their families by providing programs that support and encourage a healthy environment in their homes and communities.

Location: Las Vegas/ Henderson, **Nevada**  
Group Name: FAPE; Food Allergy Parent Education Group of Las Vegas/Henderson  
Contact: D. Bornilla  
E-mail: fapelasvegas@gmail.com  
Mission: FAPE of Las Vegas educates our group by having speakers quarterly. We support and inform our families. We also focus on advocacy issues.

Location: Reno, **Nevada**  
Group Name: AAPE; Northern Nevada Asthma and Food Allergy Parent Education Group  
Contact: C. Moassessi  
E-mail: lifewithoutlimits@aapeweb.org  
Website: www.aapeweb.org  
Mission: AAPE is a group of volunteer parents dedicated to bringing education, advocacy, and support to our community via lectures, casual support meetings, children's events, and activities such as training local preschools.

Location: Lebanon, **New Hampshire**  
Group Name: Upper Valley Food Allergy Support Group  
Contact: E. Pruszinski  
E-mail: ylime@alum.dartmouth.org  
Mission: The group blends relevant medical information and presentations with discussions of individual family management strategies.

Location: Portsmouth, **New Hampshire**  
Group Name: Seacoast Food Allergy Group  
Contact: T. Leibowitz  
E-mail: seacoastfoodallergy@yahoo.com  
Mission: We provide support and raise awareness in our communities for families dealing with food allergies. We offer the following for our group: monthly meetings, guest speakers, and a lending library.

Location: Livingston/Florham Park, **New Jersey**  
Group Name: FAASG; Food Allergy & Asthma Support Group of North New Jersey  
Contact: L. Giuriceo  
E-mail: giuriceo@aol.com  
Mission: We are a proactive group, focusing on education, support, community outreach, and fundraising. We meet on the third Tuesday of each month, 200 S. Orange Ave., Livingston, 7-9, plus we hold special events throughout the year.

Location: Mantua, **New Jersey**  
Group Name: FAST Friends; Food Allergy Support Team  
Contact: H. Verrichia  
E-mail: FASTFriends@comcast.net  
Mission: We focus on raising awareness in our schools and community. We advocate for change when it is appropriate.

**Location:** Monmouth, **New Jersey**  
**Group Name:** Food Allergy Support Group of Monmouth County  
**Contact:** J. Molnar & C. Golub  
**E-mail:** njfoodallergy@hotmail.com  
**Mission:** The Food Allergy Support Group of Monmouth County is also a FEAST group (Food Education Allergy Support Team) empowering parents through support and education, to keep children safe.

**Location:** Princeton, **New Jersey**  
**Group Name:** Allergy and Asthma Support Group of Central NJ  
**Contact:** A. Inerro, S. Yee Wong  
**E-mail:** allison@allergyfriendsnj.org  
swongpau@allergyfriendsnj.org  
**Website:** www.allergyfriendsnj.org  
**Mission:** We focus on educating others and ourselves about allergies and asthma and raise public awareness through media, newsletters, and presentations on allergies and asthma.

**Location:** Swedesboro, **New Jersey**  
**Group Name:** Food Allergy Support Group of Gloucester County  
**Contact:** D. Pantano and S. Maccarone  
**E-mail:** gcfoodallergy@hotmail.com  
**Website:** http://fasg-gc.tripod.com  
**Mission:** We help local families dealing with food allergy issues. We provide support, share recipes, share ideas for food free parties and activities, and talk about ways to work with schools.

**Location:** Voorhees, **New Jersey**  
**Group Name:** Food Allergy Connections  
**Contact:** S. Kuster and R. Wachs  
**E-mail:** info@foodallergyconnections.org  
**Website:** www.foodallergyconnections.com  
**Mission:**

**Location:** Westwood, **New Jersey**  
**Group Name:** SPOAK; Support Parents of Allergic Kids  
**Contact:** C. Chang, J. Bonerbo  
**E-mail:** njfast@gmail.com  
**Mission:** The group's focus is to support, educate, and share ideas with each other and with families who are living with food allergy issues.

Location: Albany, Delmar, **New York**  
Group Name: Captial District Food Allergy Support Group  
Contact: J. Murphy  
E-mail: stopfoodallergies@yahoo.com  
Mission: Our group is for families and individuals dealing with severe and life-threatening food allergies. Our focus is on sharing information, advocating, and educating our community.

Location: Beacon, **New York**  
Group Name: Hudson Valley Food Allergy Support Group  
Contact: N. Paoli  
E-mail: hvfoodallergy@yahoo.com  
Mission: Our group focuses on providing education and advocacy in the wider community as well as offering support to parents dealing with their children's food allergies.

Location: Buffalo, **New York**  
Group Name: Food Allergy Support Services  
Contact: C. Popek  
E-mail: allergypeanutmom@yahoo.com  
Website: [www.CleanOutThePantry.org](http://www.CleanOutThePantry.org)  
Mission: We support individuals and families affected by food allergies and elevate awareness and understanding in the community.

Location: Holbrook, **New York**  
Group Name: PAK; Protect Allergic Kids  
Contact: C. Stainkamp  
E-mail: cristina@protectallergickids.org  
Website: [www.protectallergickids.org](http://www.protectallergickids.org)  
Mission: Our mission is to create awareness and educate people regarding food allergies and the importance of keeping kids safe in schools, day care centers, etc. We also like to share recipes and build a network of support for parents and caregivers. At many of our meetings, we have guest speakers. We give presentations to PTAs and other groups to help educate the community.

Location: New York, **New York**  
Group Name: PAAC; Parents of Asthmatic and Allergic Children  
Contact: K. Franklin, C. Sanger  
E-mail: kfranklin@msn.com  
carsanger@aol.com  
Mission: Our open discussion group meets monthly in Manhattan. We provide support and information to parents of food-allergic children. We share practical solutions to living with severe food allergies, with a particular focus on helping newly diagnosed families. Our medical advisor, a pediatric allergist, attends all meetings. We occasionally have guest speakers.

**Location:** Port Washington, **New York**

**Group Name:** FASE; Food Allergy Support and Education

**Contact:** L. Collins

**E-mail:** lenorec@optonline.net

**Mission:** FASE, created by and for parents of food-allergic children, offers peer support, information, and help concerning living with food allergies. We also help with advocacy issues.

**Location:** Rochester, **New York**

**Group Name:** FACTS; Food Allergies: Coping, Teaching, Supporting

**Contact:** J. Leinenbach

**E-mail:** ejleinenbach@gmail.com

**Website:** www.factsplace.com

**Mission:** FACTS has bimonthly meetings where we provide resources, support families, and offer kid-friendly events. Our focus is to educate schools and other community groups about food allergies.

**Location:** Staten Island, **New York**

**Group Name:** PAACE; Parents of Allergic and Asthmatic Children Everywhere

**Contact:** A. & D. Laffin

**E-mail:** parentsofaace@aol.com

**Mission:** Our group focuses on awareness, education, and recipe exchanges. We will expand into advocacy issues, social outings, and hopefully compiling a cookbook.

**Location:** Asheville, **North Carolina**

**Group Name:** COCOA; Caring for Children with Food Allergies

**Contact:** K. Jones

**E-mail:** cocoa\_in\_asheville@yahoo.com

**Mission:** We are a group of parents seeking to build a support network across western North Carolina. Our group will offer encouragement to parents raising children with food allergies in the rural and isolated areas of the N.C. mountains. We intend to raise community awareness of the serious nature of food allergies, create allergy-safe play groups for our children, exchange recipes, and offer camaraderie to help us through the journey of raising our children.

**Location:** Charlotte, **North Carolina**

**Group Name:** Parents of Allergic Kids

**Contact:** J. Stokes

**E-mail:** info@pakcharlotte.org

**Website:** www.pakcharlotte.org

**Mission:** Our goal is to provide a supportive environment for parents and children who live with serious food allergies. We want to raise awareness about the prevalence and severity of food allergies and educate parents, caregivers, and peers about safely caring for our children.

Location: Raleigh/Durham, **North Carolina**  
Group Name: NC FACES; Food Allergic Children Excelling Safely  
Contact: A. Youngberg, T. Gavankar, T. Nguyen, H. Bryant  
E-mail: info@ncfaces.org  
Website: www.ncfaces.org  
Mission: We provide a social and emotional support network for families in all stages of learning about the process of living with food allergies.

Location: Beavercreek, Dayton area, **Ohio**  
Group Name: FEAT; Families Educating Allergy/Asthma Together  
Contact: L. Hughes  
E-mail: featgroup@att.net  
Mission: To provide continuous support and education to families who have children with food allergies or asthma. This group has been formed to help families learn from each other, to share ideas and experiences with new families as well as to learn from medical professionals.

Location: Cincinnati, **Ohio**  
Group Name: FFAST, Inc.®; Food Allergy Awareness, Support & Training  
Contact: C. Moseley  
E-mail: help@FFASTCincy.org  
Website: www.FFASTCincy.org  
Mission: We focus on increasing anaphylaxis awareness and educating and supporting those with food allergies, their families, schools, and caregivers in the Greater Cincinnati area.

Location: Columbus, **Ohio**  
Group Name: 'My' Food Allergy Support Group  
Contact: D. Friedel  
E-mail: dena@foodallergyaid.com  
Website: www.foodallergyaid.com  
Mission: We offer monthly meetings for live discussion and a private Yahoo group for additional emotional support and sharing of concerns, successes, coping strategies, resources, and tools.

Location: Dayton, **Ohio**  
Group Name: FEAST of Dayton; Food Education Allergy Support Team  
Contact: N. Kramer  
E-mail: [feastdayton@woh.rr.com](mailto:feastdayton@woh.rr.com)  
Mission: To provide continuous education and support to families who have children with medically diagnosed, life-threatening food allergies. Our group also works to increase awareness of food allergies in the Dayton area.

Location: Solon, **Ohio**  
Group Name: Families With Food Allergies  
Contact: L. Anderson  
E-mail: [fwfa@roadrunner.com](mailto:fwfa@roadrunner.com)  
Website: [www.fwfa.net](http://www.fwfa.net)  
Mission: We are a social group; we cook, share recipes, and give the community information about food allergies.

Location: Youngstown, **Ohio**  
Group Name: POAK; Parents of Allergic Kids  
Contact: T. Murphy  
E-mail: [poakorg@gmail.com](mailto:poakorg@gmail.com)  
Website: [www.poak.org](http://www.poak.org)  
Mission: We dedicate ourselves to the education and support of parents who have children with severe food allergies. Our mission is to educate, raise community awareness, and provide allergy-free peer interactions for our children.

Location: Oklahoma City, **Oklahoma**  
Group Name: FASTOKC; Food Allergy Support Team of OKC  
Contact: C. Simunek  
E-mail: [fastokc@sbcglobal.net](mailto:fastokc@sbcglobal.net)  
[cami62@sbcglobal.net](mailto:cami62@sbcglobal.net)  
Mission: To give support to parents of children with food allergies and to educate all people about food allergies and what happens during a reaction. We have a doctor and registered dietitian at each meeting.

Location: Portland, **Oregon**  
Group Name: Oregon Food Allergy Support Group  
Contact: A. Weinheimer  
E-mail: [oregonfoodallergy@gmail.com](mailto:oregonfoodallergy@gmail.com)  
Website: [health.groups.yahoo.com/groups/Oregon\\_Food\\_Allergy](http://health.groups.yahoo.com/groups/Oregon_Food_Allergy)  
Mission: We are a group of parents and caregivers who gather and work to better the lives of families living with food allergies through education, support, and community advocacy.

Location: Salem, **Oregon**  
Group Name: Salem Food Allergy Group  
Contact: N. Harvey  
E-mail: salemfoodallergy@yahoo.com  
Mission: The Salem Food Allergy Group is for families living with food allergies. It provides a place to network, educate, raise public awareness, and advocate change.

Location: Springfield/Eugene, **Oregon**  
Group Name: Parents of Children with Food Allergies  
Contact: L. Ghandour  
E-mail: foodallergyparent@yahoo.com  
Mission:

Location: Chester County, Exton, Downingtown, **Pennsylvania**  
Group Name: PHACT; Parents Having Allergic Children Team  
Contact: J. DiDavide & J. Lawton  
E-mail: ParentsHavingAllergicChildren@yahoo.com  
Website: <http://health.groups.yahoo.com/group/PHACThome>  
Mission: P.H.A.C.T.'s mission is to lend support and share information with parents/caregivers of children with food allergies and to spread awareness to others in the community.

Location: Cranberry Township, **Pennsylvania**  
Group Name: Allergy Moms  
Contact: G. Clowes  
E-mail: gclowes@allergymoms.com  
Website: [www.allergymoms.com](http://www.allergymoms.com)  
Mission: The Allergy Moms website provides free emotional and practical support for mothers of food-allergic children. Our local meetings serve Cranberry Township and surrounding areas.

Location: Doylestown, **Pennsylvania**  
Group Name: FAST; Food Allergy Support Team of Doylestown  
Contact: M. Polensky  
E-mail: fast\_of\_Doylestown@yahoo.com  
mpolensky@dh.org  
Mission:

Location: Doylestown, **Pennsylvania**  
Group Name: Kids With Food Allergies, Inc.  
Contact: L. Mitchell  
E-mail: info@kidswithfoodallergies.org  
Website: www.kidswithfoodallergies.org  
Mission: We offer online support for families through our website. We also provide emotional, social, and cooking support and offer educational resources approved by our Medical Advisory Team and a searchable recipe database.

Location: Hershey, **Pennsylvania**  
Group Name: Penn State Hershey Medical Center Food Allergy Support Group  
Contact: T. Fausnight  
E-mail: FoodAllergySupport@hmc.psu.edu  
abjkg@verizon.net  
Mission: We are focusing on building a network of parents who educate and support each other through monthly meetings, mentoring, scheduled events, and speakers.

Location: Lehigh Valley, **Pennsylvania**  
Group Name: POCA; Parents of Children with Food Allergies  
Contact: S. Bercaw  
E-mail: allergysupport@hotmail.com  
Mission: We meet every six weeks to share information and provide support for parents of children with severe food allergies. We have a nutritionist lecture quarterly. We work on school guidelines legislation in Pennsylvania.

Location: Sunbury, and Lewiston, **Pennsylvania**  
Group Name: What Makes Me Itch - A Food Allergy and Eczema Support Group  
Contact: C. Klock  
E-mail: food.allergy.support.group@gmail.com  
Mission: To learn more about allergies and symptoms and to learn what we can do to control or stop any reactions. The group will begin assisting others in the community by providing materials and eventually conducting education sessions.

Location: Wayne, **Pennsylvania**  
Group Name: F.E.A.S.T.; Food Environmental Allergy Support Team  
Contact: J. Kintisch  
E-mail: jmk226@cornell.edu  
Mission: We support our local families that have children with food allergies on the Main Line in Pennsylvania.

Location: Providence, **Rhode Island**  
Group Name: Rhode Island Food Allergy Support Network  
Contact: K. Kirk  
E-mail: rifofoodallergy@cox.net  
Mission: To provide parents of children with mild to severe food allergies with support by sharing experiences and offering strategies to keep our children safe in different environments. We meet quarterly.

Location: Greenville, **South Carolina**  
Group Name: SAFE of Greenville, Support for People with Asthma, Food Allergies, and to Help Educate Greenville  
Contact: D. Frank  
E-mail: dlfrank71@yahoo.com  
Mission: Our purpose is to provide education, advocacy, and awareness of food allergies and asthma in order to promote a healthy and safe environment for families dealing with these issues. The goal is to educate others throughout the community.

Location: Chattanooga, **Tennessee**  
Group Name: FAST of Chattanooga, Inc.; Food Allergy Support Team  
Contact: S. Walker  
E-mail: fastmail101@yahoo.com  
Mission: FAST of Chattanooga, Inc., has three basic missions: to serve as a support group, information resource, and community outreach organization with the goal to educate those dealing with food allergies.

Location: Knoxville, **Tennessee**  
Group Name: VEFA; Volunteers Educating for Food Allergies  
Contact: J. Singer  
E-mail: vefaknoxville@yahoo.com  
Mission: VEFA is an advocacy-based group dedicated to raising community awareness and helping families with food allergies cope with the diagnosis by sharing friendship, experience, and education.

Location: Houston, **Texas**  
Group Name: SAFER Houston  
Contact: D. Jordan  
E-mail: dorin@saferhouston.com  
Website: www.SAFERHouston.com  
Mission: SAFER - Supporting Allergic Families through Education and Resources. We connect families dealing with food allergies together and provide meetings, social activities, and resources.

Location: Lubbock, **Texas**  
Group Name: Lubbock and South Plains Food Allergy Alliance  
Contact: T. Smith  
E-mail: lubbockfoodallergy@yahoo.com  
Mission: We provide information and support for families and individuals with food allergies. We also provide resources and training for schools, child care facilities, and our community.

Location: North Texas/Dallas, **Texas**  
Group Name: SAFE; Support and Activities for Food Allergy Education  
Contact: H. Woodward  
E-mail: woodwardfamily@yahoo.com  
Mission: We focus on helping families connect with other families dealing with food allergy issues. We help educate the community about food allergies.

Location: San Antonio, **Texas**  
Group Name: The San Antonio branch of FAST; Food Allergy Support Team  
Contact: S. Tharp  
E-mail: susansanantoniofast@satx.rr.com  
jillsanantoniofast@satx.rr.com  
Mission: We connect the food allergy community by sharing experiences and providing support and information about education, research, and policy. We also work to provide resources to school and child care providers.

Location: Salt Lake City, **Utah**  
Group Name: Utah Food Allergy  
Contact: M. Fogg  
E-mail: support@utahfoodallergy.org  
Website: www.utahfoodallergy.org  
Mission: Our mission is to provide a supportive and understanding environment to those affected by food allergy and to network together to educate others and ourselves while raising public awareness and advocating change.

Location: Arlington, **Virginia**  
Group Name: Parents of Arlington County Children With Food Allergies  
Contact: M. Drake, C. Zervos  
E-mail: mdrake@nacubo.org  
cmzervos@aol.com  
Mission: The group meets for general networking and support for parents in the Arlington area. Issues involved in keeping children with food allergies safe in Arlington County public schools are discussed.

Location: Bristow, **Virginia**  
Group Name: BAM; Bristow Allergy Moms  
Contact: S. Carter, A. Gibson  
E-mail: thecarters@braemarnet.com  
jagibson@braemarnet.com  
Mission: We are a support group that meets once a month. We talk about any and all issues relating to raising children who have food allergies. We exchange recipes, educate family and friends, discuss school issues, and share experiences.

Location: Loudoun, **Virginia**  
Group Name: Loudoun Allergy Network  
Contact: M. Hardy  
E-mail: mhardy@loudounwireless.com  
Website: www.loudounallergynetwork.org  
Mission: We provide lifestyle education and encouragement to parents of children with food allergies and anaphylaxis in Loudoun County, Va.

Location: Northern, **Virginia**  
Group Name: Food Allergy Support Group of Northern Virginia  
Contact: J. Miscavage, A. Treppel  
E-mail: info@novafoodallergy.org  
Website: www.novafoodallergy.org  
Mission: Our mission is to inform and educate while building community awareness about food allergies and to help northern Virginia families navigate the lifestyle challenges that food allergies present.

Location: Richmond, **Virginia**  
Group Name: Richmond's Food Allergy Support Group  
Contact: J. Katona  
E-mail: vanopeanuts@juno.com  
Mission: Our group focuses on sharing information and experiences about food allergies. We offer support to those who are entering school and going to camps. Our common goal is to keep our children safe at school as we raise awareness and educate others about food allergies.

Location: Tidewater, **Virginia**  
Group Name: Food Allergy Support Group of Tidewater  
Contact: T. Nelson  
E-mail: fasgot@yahoo.com  
Mission: The Food Allergy Support Group of Tidewater strives to provide educational support about food allergies to the community along with networking for our members.

Location: Winchester, **Virginia**  
Group Name: Winchester Area Food Allergy Support Group  
Contact: L. Mosholder  
E-mail: winfoodallergy@comcast.net  
Mission: We are an education and support system for family and friends dealing with severe food allergies. Join us as we learn, share, and educate others about food allergies.

Location: Bellingham, **Washington**  
Group Name: Food Allergy Support Group of Whatcom County  
Contact: T. Kingma  
E-mail: tkingma@pair.com  
Mission: We meet monthly for camaraderie, support, and education. We create an annual calendar with topics and featured speakers.

Location: Pierce County, **Washington**  
Group Name: Mary Bridge Children's Allergy & Asthma Support Group  
Contact: N. Thomson  
E-mail: nancythomson253@hotmail.com  
Mission: Positive, proactive support group aimed at sharing knowledge, ideas, and experiences with family, friends, schools, and community in order to promote safety and good health for our food-allergic children. Our group strives to gain ideas, education, and information in dealing with food-allergies to promote more peace of mind for food allergic families.

Location: Seattle, **Washington**  
Group Name: Washington FEAST; Food allergy, Eczema and Asthma Support Team  
Contact: A. McCarthy, K. Morgan, and K. Schurr  
E-mail: leader@WASHINGTONfoodallergy.org  
anna@washingtonfoodallergy.org  
Website: [www.seattlefoodallergy.org](http://www.seattlefoodallergy.org)  
Mission: We share information and support through holding Seattle-area meetings and communicating through a statewide online discussion group. We also participate in community awareness and advocacy activities.

Location: Spokane, **Washington**  
Group Name: IFAST; Inland Food Allergy Support Team  
Contact: A-S. Ettinger, B. Ettinger  
E-mail: ifast@comcast.net  
Mission: Currently IFAST is advocating for children living with food allergies. We are a contact for families living with food allergies in the Spokane community area. We are also looking for new ideas and leadership.

Location: Vancouver, **Washington**

Group Name: VAAN; Vancouver Allergy Awareness Network

Contact: J. Seo, T. Fewel

E-mail: yjaeseo@msn.com  
tloves2sk8@yahoo.com

Mission: We are an educational food allergy support group for families. Our mission is to support, educate, and advocate for change.

Location: Wenatchee, **Washington**

Group Name: Allergy & Anaphylaxis Support Group

Contact: M. Kenny, L. Kniffen

E-mail: lkniffen@cwhs.com

Mission: To provide support and resources to those who suffer from anaphylaxis and life-threatening food allergies and their family members and friends.

Location: Fond du Lac & Fox Cities area, **Wisconsin**

Group Name: Fox Valley Food Allergy Support Group

Contact: M. Freund

E-mail: freundc@charter.net

Mission: It is our mission to help each other deal with the obstacles we face with food allergies. We provide education, support, and ideas through discussions, email, and meetings.

Location: Madison, **Wisconsin**

Group Name: Madison Area Food Allergy Support Group

Contact: S. Godwin

E-mail: ericshere@hotmai.com

Mission: We have monthly speakers come and educate the group; we also train local groups about the issue of food allergies. We share tips, recipes, and advice while helping others deal with the daily issues of food allergies.

Location: Wausau, **Wisconsin**

Group Name: Food Allergy Association of Wisconsin - Central Wisconsin Chapter

Contact: J. Faust, L. Lawler

E-mail: jen@foodallergywis.org  
laura@foodallergywis.org

Website: [www.wafast.org](http://www.wafast.org)

Mission: To connect and support families and adults living with food allergies in central Wisconsin.

Location: **Athens, Greece**

Group Name: Mediterranean Food Allergy Forum

Contact: J. Moissidis

E-mail: moissidis@gmail.com  
diatrofi@hygeia.gr

Website: www.hygeia.gr

Mission: Our focus, mission, and purpose will be the enhancement of public awareness of food allergies and anaphylaxis. We plan to create educational materials, gather school data, and assign postgraduate students to promote public awareness of food allergy. We will also work on organizing regional food allergy conferences.

Location: **Hong Kong**

Group Name: The Hong Kong Allergy Association

Contact: F. Wong

E-mail: support@allergyhk.org

Website: www.allergyhk.org

Mission: The mission of this support group is to collect and provide information to allergy patients, their families and all other parties concerning food allergy issues. The focus is to promote public awareness of allergy and the welfare of allergic patients.

Location: **Singapore**

Group Name: Food Allergy Support, Singapore

Contact: J. Huang

E-mail: support@foodallergysingapore.org

Website: www.foodallergysingapore.org

Mission: To provide a forum for those dealing with food allergies, to share challenges and successes and to increase awareness. Increasing awareness will be done through training in the schools and bringing together food-allergic children.